



SPIRITUAL RETREAT

at **DUBOIS CENTER**

May 7th – 8th, 2010

Fri. 7pm – Sat. 7pm.

\$75.00 per person

“OUR SPIRITUAL JOURNEY – DIGGING DEEPER”

Leader: Angie Hausmann

Apostle Paul commands all Christians, "Pray without ceasing" (I Thessalonians 5:17). The ancient practice of "Lectio Divina", a spiritual reading, creates a space for God to work in and awakens our heart to God's word, deepening our relationship with the One to whom we belong. The four steps:

Reading scripture: What does the scripture say?

Meditation: What does the text say to me in my life right now?

Prayer: What is God saying to me and what will I say to God?

Contemplation: Being silent in God's loving embrace

Friday after the first session we will have fellowship with snacks. Quiet time will be offered on Saturday in between the sessions, ending with worship on Saturday after supper.

Lodging in Hickory Lodge (double occupancy) or the Cottages (dormitory style) - limited # of single rooms available. Fee includes 5 meals, snacks, activities and program materials.

Visit DuBois Center at www.duboiscenter.org for directions and facility information.

Mail, Fax, or Email registration with fee or \$25 deposit to: DuBois Center, 2651 Quarry Rd., DuBois, IL 62831
Fax: 618.787.7701 Email: duboiscenter@frontiernet.net

Spiritual Retreat

NAME _____ PHONE # _____

ADDRESS _____
Street City State Zip

CHURCH/TOWN _____ EMAIL _____

ROOM WITH _____ LODGING PREFERRED _____

CHECK HERE FOR VEGETARIAN MEALS _____ PAYMENT ENCLOSED \$ _____

VISA/MASTERCARD # _____ EXP. DATE _____